



YOUTH SAILING VIRGINIA

OUR HOME WATERS. CNU Sailing's practice & racing partner since 2021.

381 Fenwick Road • Fort Monroe, VA 23651

HOW YSV STARTED

In the fall of **2013**, board member Gary Bodie stood in front of a room of coaches, parents, and members of the local sailing community with a dream: a new youth sailing facility at Fort Monroe. With the support of Board Member Kevin Eley, sailors, and community business leaders, the dream became **Youth Sailing Virginia, Inc.**

With repaired floating docks anchored in Mill Creek and **seven old FJs**, Coach Allen Kilgore's Kecoughtan and Phoebus High Schools teams began sailing at Mill Creek in **March of 2014**. In May, YSV purchased eighteen gently-used Flying Juniors from Dartmouth College — the matched fleet needed to host regattas. By that October, YSV hosted its first scrimmage regatta for the **14 teams of the Virginia Interscholastic Sailing Association (VISA)**.

Today YSV supports high school sailing teams from across the region and serves as the **practice and racing home of CNU Varsity Sailing**.

THE SAILING STADIUM

YSV's waterfront campus sits on the historic grounds of **Fort Monroe**, in a refurbished MWR building that houses the office, classroom, workshop, and boat storage. Practice happens on **Mill Creek** — a shallow, protected body of water often described as a "sailing stadium," free from powerboat traffic and offering families a natural viewing area on the shore. Up to **36 boats** can be stored and launched from Mill Creek Pier.

MILESTONES

- 2013** **The Idea.** Gary Bodie pitches a youth sailing facility at Fort Monroe.
- Mar 2014** **First Practice.** High school sailors take to Mill Creek in seven old FJs.
- May 2014** **The Fleet.** 18 FJs from Dartmouth College bring a matched racing fleet.
- Oct 2014** **First Regatta.** YSV hosts a scrimmage for the 14 VISA teams.
- 2021** **CNU Sailing.** Christopher Newport University Sailing joins YSV as home waters.

DIRECTIONS FROM CNU

~26 MIN · 15 MILES

1 AVE OF THE ARTS, NEWPORT NEWS → 381 FENWICK RD, FORT MONROE

- 1 From CNU, **get on I-64 East** toward Hampton. ~7 min · 3.2 mi
- 2 Follow I-64 E to Settlers Landing Rd / Woodland Rd in Hampton. **Take Exit 267.** ~9 min · 8.7 mi
- 3 Continue on **Woodland Rd** south into Fort Monroe to **381 Fenwick Rd.** ~8 min · 2.8 mi
- 4 Park in the large lot beside the ball field fence. Walk the paved road right of the first building to enter the Sailing Center.

COMING TO VISIT?

REACH OUT FIRST

DREUGH PHILLIPS · CNU SAILING LIAISON
757 · 362 · 8086

YSV SAILING CENTER

381 Fenwick Road · Fort Monroe, VA 23651

Main: 757 · 778 · 1335 · youthsailingva.org



QUESTIONS? JUST ASK.
CNU VARSITY SAILING · COACH KATE GOMES

COACH KATE GOMES

INTERIM HEAD COACH

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